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Sexual Development and Human Behavior

Sexual development and human behavior gives light to the biological and psychological processes that influence human sexual behavior. It explores the hormonal, anatomical, and behavioral changes that occur during adolescence and adulthood. The article discusses the role of hormones like testosterone and estrogen in the development of the reproductive system and the brain. It also covers the psychological aspects of sexual behavior, including the development of sexual identity and the influence of social and cultural factors. The text explains how the brain's reward system, particularly the dopamine pathway, is involved in sexual motivation and pleasure. It highlights the importance of understanding these processes for promoting sexual health and well-being. The article concludes by noting that sexual activity becomes more pleasurable for many individuals after the male refractory period, a time when the body is temporarily unable to respond to further sexual stimulation.