Research Regulations

Research Regulations are a code of ethics that governs how research should be conducted. They are more in depth codes that scientists are bound ethically to uphold. Regulations in place we have a point of reference to recognize a deficiency in the treatment of human subjects. Each institution sets their own research regulations. Typically there are universal regulations whether they are legally required or not, than there are cultural mores and rules and there may also be local rules governing a specific research activity. There are still instances where unethical experimentation continues:

- Project MKULTRA
- Top 10 Evil Human Experiments
- Tuskegee Study
- Monster Study
- Mind Control

The Declaration of Helsinki was created by the World Medical Association to set a standard for research, especially in the medical field. This document lays out the requirements for ethical treatment of human subjects, and was accepted as the ethical cornerstone for the treatment of human subjects.

The basic principles of the Declaration of Helsinki are:

1. Respect for the individual
2. Research should offer a reasonable benefit to the population involved in the research
3. Risks and benefits of the research should be carefully analyzed and should not cause further harm
4. Research should be conducted by suitably trained investigators
5. Ethical considerations must always take precedence over laws and regulations
6. Research findings should be shared and made publicly accessible
7. The individuals welfare always takes precedence over society or scientific needs
8. Research should be based on a thorough knowledge of the scientific background
9. If an individual is not able to grant consent or is a minor, than consent for participation should be sought from the guardian who is acting in the individual's best interest.
10. From 1990 to 1991 the Center for Disease Control (CDC) conducted a study to test an experimental measles vaccine is Los Angeles, California involving 1200 children whose parents had not given informed consent for their children's participation. From the project the CDC learned that the project involved the surreptitious use of many types of drugs, heavy metal, as well as other methodologies, to manipulate individual mental states and to alter brain function.

Experiments included administering LSD to CIA employees, military personnel, doctors, other government agents, prostitutes, mentally ill patients, and members of the general public in order to study their reactions. LSD and other drugs were usually administered without the subject's knowledge and informed consent, a violation of the Nuremberg Code that the U.S. agreed to follow after WWII.