



Quiz:
Psychology 101 Part 2



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Quiz:
Flags in Europe

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Source URL: <https://explorable.com/e/behavioral-therapy-exposure>

Links

- 1. <https://www.helpguide.org/articles/anxiety/therapy-for-anxiety-disorders.htm#exposure>
- 2. <https://www.simplypsychology.org/behavioral-therapy.html>
- 3. <https://explorable.com/phobias-test-anxiety>
- 4. <https://www.psychologytoday.com/us/blog/behavioral-therapy/2016/07/behavioral-therapy-exposure-therapy>
- 5. <https://www.verywellmind.com/behavioral-therapy-exposure-therapy-2793187>
- 6. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy>
- 7. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy>
- 8. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy/exposure-therapy>
- 9. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy/exposure-therapy>
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- 16. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy/exposure-therapy>
- 17. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy/exposure-therapy>
- 18. <https://www.mentalhealth.org.uk/information/support/behavioural-therapy/exposure-therapy/exposure-therapy>

from the scenario.